



2020 MANITOBA SUMMER GAMES TECHNICAL PACKAGE

SPORT: Cycling

PURPOSE

The Manitoba Summer Games powered by Manitoba Hydro is a great athlete introduction to the multi- sport environment. A Manitoba Cycling Association (MCA) goal is to use the Manitoba Games as the progression from our grassroots skill development program, Kids of Mud, to identifying and developing Manitoba athletes for future inter-provincial events and our Provincial Team program

AGE CATEGORIES AND ELIGIBILITY

Age Categories:

The eligible age categories for the 2020 Summer Games will be U13 and U15 athletes according to the Union Cycliste Internationale (UCI) categories.

Open to male and female athletes in the following age categories:

- **U13:** 11 and 12 years of age as of December 31, 2020 (Born in 2008 or 2009)
- **U15:** 13 and 14 years of age as of December 21, 2020 (Born in 2006 or 2007)

Eligibility:

Athletes must be a valid Manitoba Cycling Association member and meet age requirements. Athletes who have been selected to participate in a National Team project or race team are not eligible.

TEAM COMPOSITION

Athletes:

Each region will have 2 males and 2 females from each age category. There will be a total of 4 males and 4 females competing per region for a total of 8 athletes per region.

Region	Male	Female	Total
U13 (Age 11,12)	2	2	4
U15 (Age 13,14)	2	2	4
Total per Region	4	4	8

Coaches:

Each region will also be comprised of one coach and one manager (one male and one female).

TEAM SELECTION PROCESS AND TIMELINE

Athletes must participate in at least one Manitoba Games Qualifier race. Athletes will be ranked according to the placing in each qualifier race. The best three of four results will be used for final ranking. The top 2 racers in both genders and both age categories from each region will automatically qualify for their Regional Team.

The eligible races** are as follows:

1. MCA MB Mountain Bike Cup #1 at Grand Beach - Sunday May 17, 2020
2. Minnedosa Short Track – Saturday May 30, 2020
3. MCA MB Mountain Bike Cup #3 at Sandilands – Sunday June 7, 2020
4. MCA MB Mountain Bike Cup #4 at Dauphin – Sunday June 14, 2020

Full details including times, locations and any updates will be posted on the Manitoba Cycling Association’s website. Please check www.mbcycling.ca.

*** Subject to change based on weather, organizer or issues out of our control.*

Category	Optimal Winning Time	Minimum	Maximum
Under 15	0:45	0:30	0:55
Under 13	0:30	0:20	0:45

COACH AND MANAGER ELIGIBILITY

Each Regional Team (North, South, West, East and Winnipeg x2) requires one Coach and one Manager (one of each gender).

Coach Eligibility:

NCCP Coaching Certification

- *Trained* Let’s Ride! Community Cycling Initiation Coach or *Certified* Ready to Race! Introduction to Competition Coach

Other Requirements

- 18+ years of age
- Clean Criminal Record check, in accordance with the Sport Manitoba Screening Policy
- Clean Child Abuse check.
- Valid Sport Manitoba Respect in Sport.
- Valid Standard First Aid certification.
- Minimum 1 year coaching in MCA's Kids of Mud Program.
- Strong teaching, leadership, organization and communication skills.
- Valid driver's license

Manager Eligibility:

- 18+ years of age
 - Clean Criminal Record check, in accordance with the Sport Manitoba Screening Policy
 - Clean Child Abuse check.
 - Valid Standard First Aid certification.
 - Strong teaching, leadership, organization and communication skills.
 - Valid driver's license.
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COACH AND MANAGER SELECTION PROCESS AND TIMELINE

Regional coaches and managers will be selected by Manitoba Cycling Association. Teams must have at minimum one male coach or manager and one female coach or manager. Coaches must be present at all games and practices leading up to both the regional qualifiers and the Manitoba Games powered by Manitoba Hydro themselves. Coaches and Managers can apply as a team or individually.

Full details and application can be found here:

<http://www.kidsofmud.ca/2020summergames/coaches-information/>

NUMBER OF TEAMS PER REGION

Winnipeg	2
South	1
West	1
East	1
North	1
Total	6

COMPETITION RULES

Each race is subject to the Rules & Regulations as governed by the UCI and Cycling Canada.

Officials:

Officials will be selected by the Manitoba Cycling Association.

COMPETITION FORMAT

There will be two events at the Games – Cross-country (XCO) mountain bike race and a Short track (XCC) mountain bike race.

EQUIPMENT

Athletes shall bring one bike with one set of wheels only. All equipment is subject to UCI standards. All athletes and coaches must ALWAYS wear an approved cycling helmet while riding a bicycle, either in training or competition or commuting on site.

Athletes must wear closed toed shoes during training and competition (no sandals). Athletes are required to wear the competitive uniform (provided by the MCA) and black cycling shorts (not provided) for all competitions at the Games.

It is the athletes' responsibility to bring a safe and functioning bike to the Games. All bikes must be inspected by a certified mechanic prior to departing for the Games.

The MCA will provide a minimum of one Neutral Service Tech (certified mechanic) to assist all teams during training and competition at the Games. If for any reason they see equipment that is unsafe or unfit for competition, and cannot be fixed on site, the mechanic(s) will notify race officials who reserve the right to pull the athlete from training and racing.

COMPETITIVE UNIFORM

The Provincial Sport Organization will supply the competitive uniform in the regional colors as per the Manitoba Games competitive uniform procedure.

Regional Team Colors

- South – Red
- East – Grey
- North – Black or White
- West – Green
- Winnipeg Blue – Royal Blue

- Winnipeg Gold – Yellow

ATHLETE FILL POLICY

The MCA will regulate fills using the list of qualifying athletes obtained once all qualifying events are complete. The list of qualifying athletes will consist of the following:

- All first and second place finishers in all four categories (age group and gender)
- All third-place finishers in all four categories (“Fill” athletes)
- Any additional athletes who may desire to attend the Games as recommended by a regional coach (“Fill” athletes)

Athlete fill positions will be distributed equally and fairly among regional teams. Only eligible athletes from their respective categories, (age and gender), will be used as fills. The intent is to fill by gender and category first, if positions are still vacant then cross category and cross gender fills will be assigned based on MCA approval.

1. **Fill Athletes** will compete in their own category, (age and gender), for their respective regional team.
2. **A Regional team** may have more than the standard number of competitors for a category (e.g., more than two U13 boys) **only if** other regional teams have fewer than the allocated numbers for that **same** category.
3. **A Regional team** may have more than the allotted # of athletes by gender within a Category if other Regional teams are not able to fill their compliment.
4. The MCA will determine the number of athlete fill positions available.
5. The third-place fill athletes will be ranked equally for each regional team, i.e. all third-place competitors from their regional qualifiers will be randomly drawn to fill the available category spots.
6. Once all category and gender fill positions have been assigned to qualified category and gender athletes, leftover fill positions will then be drawn by qualified category and alternate gender athletes on the qualified list of fill athletes.
7. There will be a **maximum of 48 athletes** competing if all categories are filled.

MEDAL REQUIREMENTS

Medals will be awarded to the top 3 finishers in each category for both the cross-country and short track Mountain bike race for a total of 24 individual medals.

Individual Events:

		Cross-Country	Short Track
Female	U13	1G 1S 1B	1G 1S 1B
	U15	1G 1S 1B	1G 1S 1B
Male	U13	1G 1S 1B	1G 1S 1B
	U15	1G 1S 1B	1G 1S 1B
TOTAL		4G 4S 4B	4G 4S 4B

Gold – 8	Silver – 8	Bronze - 8
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PROVINCIAL TECHNICAL ADVISOR ROLES AND RESPONSIBILITIES

1. Provide sport technical knowledge to all aspects of the Manitoba Games.
2. Assist in the development and understanding of the 2020 Manitoba Summer Games Sport Technical Package and sport schedules.
3. Meet with all Manitoba Games partners as required.
4. Work with Sport Manitoba Regional Staff and the Provincial Host Committee Sport Chairs to ensure successful competitions (i.e. officials, facilities etc.) at the regional and provincial level.
5. Conduct or facilitate athlete, coach and official's development clinics.
6. Be available to attend regional team selection events, attend the Manitoba Games, and participate in the coaches meeting prior to the final competition and act as the chairperson of the Sport Appeal Committee at the Manitoba Games.
7. Provide a written evaluation following the Manitoba Games.

CONTACT INFORMATION

Website: www.kidsofmud.ca/2020SummerGames

Monika (Moni) Robertson, Technical Director
 P: 204-261-3348
 E: mcambgames@gmail.com

Twila Cruickshank, Executive Director
 Manitoba Cycling Association (MCA)
 P: 204-925-5686
 E: cycling.ed@mbcycling.ca